

Post-Op Instructions Following Nail / Wart Surgery

- **ELEVATE FOR ½ HOUR AFTER PROCEDURE**
- Stay off your feet as much as possible today
- You may wear any shoe, sandal or open toe footwear that does not squeeze, constrict or put pressure on your foot or toe(s)
- The surgical area may remain numb for up to 1-2 hours after the procedure.
- Slight bleeding, discoloration and drainage are normal
- Elevate your foot for 30 minutes after surgery to help alleviate minor swelling, bleeding and discomfort
- Ice near the area for 5-10 minutes at a time
- Removing the surgical bandage:
 - The day after surgery, carefully remove the dressing and shower (or bathe) as normal.
 - If the bandage sticks to the area, dampen it with water or shower/bathe with the bandage in place. This will make it easier to remove with minimal or no discomfort.
- Changing the dressing:
 - After showering/bathing, blot the surgical site and air dry for 10 minutes
 - Apply a small amount of wound dressing directly to the surgical area
 - Cover nail surgeries with a loose fabric bandaid
 - Cover wart surgeries with a bandaid and/or gauze
 - **Stinging may occur and is normal**
 - Continue this twice per day until your follow up visit
 - Do not use peroxide on the surgical area
 - Do not soak the surgical site

Please call anytime if you have questions or concerns. Our phone number is (603) 431-6070.

Thank you!

Dr. Sartori, Dr. Baczewski & Dr. Clark